Powered by Avera Sports

High School Boys/Girls Shooting & Scoring Workout

Advanced Offensive Player Development Camps and Clinics

Location: Avera Sports Center (85th & Minnesota)

Cost: \$145 Payment is collected online at the time of registration.

Athletes will receive a Warwick Workout T-shirt & Shorts

Shooting & Scoring Workouts will focus on shooting footwork, shooting off the move, creating your own shot, reading screens and coming off screens as well as all other aspects of shooting. Athletes will be taught and participate in Heat Shooting, Magic Shooting, Warrior Shooting, Fast Break Shooting, and Pre-practice shooting during this series of Shooting & Scoring Workouts. These workouts will assist athletes to become a more effective shooter and scorer.

Saturday, September 19th Saturday, September 26th Saturday, October 3rd Saturday, October 10th Saturday, October 18th Saturday, October 25th 12:30-2:00 pm 12:30-2:00 pm 12:30-2:00 pm @ USF Stewart Center OFF – No Workout 12:30-2:00 pm 12:30-2:00 pm

Register online at <u>www.warwickworkouts.com</u> Find your session under the <u>REGISTER HERE</u> tab

Contact Kris Warwick or Garrett Callahan with questions about workouts Email: warwickworkouts@gmail.com

Cell: (605) 391-6700 Kris or (815) 545-9634 Garrett

WHERE CHAMPIONS TRAIN.